

KEIKO GI

— PRACTICE WEAR —

BECOME WHO YOU TRAIN TO BE.

The gi you wear reflects the discipline you pursue.
Train with intent. Grow into your practice.

KEIKO GI PRACTICE WEAR

Tradition | Ambition | Discipline

MY KEIKOGI

PRECISION IN EVERY STITCH. SPIRIT IN EVERY GI

Tradition, comfort and customizable quality

At My Keiko Gi, every product begins with respect for Japanese budo tradition. Not as something static or nostalgic, but as a living foundation that guides how we design, measure, and produce. We believe a uniform should bring peace of mind, support focus, and last for years in daily training and professional use.

That's why we combine traditional cuts and proven materials with contemporary craftsmanship, thoughtful fabric selection, and complete personalization. Each piece is developed with a clear purpose: to serve its purpose, without unnecessary details. Comfort, durability, and aesthetics are always balanced.

Customization as a starting point

A GI only works if it fits correctly. That's why we don't work with fixed standards. Each GI can be fully adjusted to the wearer's body: chest size, sleeve length, shoulder width, back length, and proportions.

We mold the GI around your body so it feels like a second skin. Supportive, free to move, and distraction-free.

We also treat color with respect. White should be pure white. Blue should exude depth and tranquility. Materials, finishes, and color fastness are carefully selected so the uniform retains its appearance, even with intensive use.

Over My Keiko Gi

My Keiko Gi designs and produces premium martial arts uniforms and professional clothing, inspired by the essence of Japanese budo and refined by modern craftsmanship.

Our focus is on sustainability, everyday comfort and personalization, without sacrificing simplicity and tradition.

For us, a uniform is more than just clothing. It's an extension of attitude, discipline, and identity. On the mat, in the dojo, in healthcare, and beyond.

WHAT WE OFFER

My Keiko Gi offers a carefully selected range for practitioners and professionals who value quality and simplicity:

- Witte And Them
- Navy Blue And Them
- Summer And Them
- Double layer Kendo Gi
- BJJ Prepare Them
- Light Gi
- Cotton Hakama (blue/black)
- Or
- Denim Cotton Shirt for Healthcare Professionals

We don't work with standard solutions. We listen to our customers, answer every question, and custom-make each product. This creates a uniform or shirt that fits not only in size but also in use, style, and purpose.

KEIKO GI

— PRACTICE WEAR —

DISCIPLINE
OVER EVERYTHING.



KEIKO GI PRACTICE WEAR

MY KEIKO GI
WHEN TRAIERS NOCTIEN

VERTROUW OP JE MATERIAAL.
FOCUS OP JE TRAINING.

Traditional Kendo Gi, ideal for daily training.

Kendo Gi (White, Navy Blue, Black)

Designed with durability and comfort in mind, this Kendo Gi is crafted from 100% cotton in a pearl wave weave with a weight of 450 GSM. The fabric's structure offers high abrasion resistance while remaining highly breathable, making it suitable for regular and intensive keiko practice. The natural cotton feels pleasant against the skin and provides ample ventilation during long training sessions. The Gi retains its shape and appearance even with frequent use and supports the full range of motion required in martial arts.

Product specifications:

- *Material: 100% cotton*
- *Weaving: Pearl wave*
- *Weight: 450 GSM*
- *Fit: Traditional Kendo cut*
- *Finish: Reinforced stitching for long-lasting use*
- *Use: Regular and intensive training*



DISCIPLINE

OVER EVERYTHING.

KEIKO GI PRACTICE WEAR



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GEMAAKT VOOR TRAINING.

SUMMER KENDO GI

The Summer Gi is specifically designed for warm conditions and intense training. It's made of a lightweight 8oz poly/cotton fabric, which provides excellent ventilation and rapid moisture evaporation. The lightweight construction reduces heat buildup and increases comfort during long sessions, while maintaining its durability for regular use. Ideal for summer training sessions or warm dojos.

Product specifications:

- *Material: Poly/cotton blend*
- *Fabric weight: 8 oz*
- *Features: Lightweight, breathable, quick-drying*
- *Fit: Comfortable with full freedom of movement*
- *Use: Summer training and warm environments*

KENDO GI – MESH TECHNOLOGY

Kendo Gi – with Mesh Lining

The Kendo Gi double layer is designed for intense training and warm conditions, with a strong focus on comfort and temperature regulation. The outer layer provides structure and durability, while integrated technology actively wicks moisture away from the body. On the inside, a breathable mesh lining provides extra airflow and faster drying. This helps prevent overheating during long or strenuous keiko. This gi is ideal for budokas who train frequently and require advanced moisture management without compromising the traditional fit.

Product specifications:

- *Outer material: Sustainable cotton blend*
- *Inner lining: Breathable mesh with Coolmax® moisture regulation*
- *Functionality: Improved ventilation and quick drying*
- *Fit: Traditional Kendo cut*
- *Comfort: Reduced heat build-up*
- *Uses: Intensive training and warm dojo environments*

KEIKO GI

— PRACTICE WEAR —

DISCIPLINE

OVER EVERYTHING.



MY KEIKO GI
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KEIKO GI PRACTICE WEAR

GEBOUWD VOOR TRAINING, GEMAAKT VOOR JOU

BJJ GI

This BJJ keikogi was designed specifically at my request, with a clear focus on performance, comfort, and durability. It's crafted from high-quality, pre-shrunk pearl-weave cotton, which combines strength with excellent breathability for intense training. The construction is reinforced at key stress points, ensuring the gi can withstand the specific demands of Brazilian Jiu-Jitsu without compromising freedom of movement.

The cut is deliberately balanced: tight where control is needed, loose where mobility is essential. This ensures optimal flexibility, smooth transitions, and unhindered freedom of movement, essential for effective BJJ techniques.

This BJJ gi is made of 100% cotton pearl wave fabric with a weight of 450 GSM, offering an optimal balance of strength, comfort, and breathability. The pearl wave weave is known for its high resistance to pulls and holds, while maintaining comfort during long training and roll sessions. Designed for everyday use, this gi offers reliable performance without unnecessary weight and complete freedom of movement for Brazilian Jiu-Jitsu or other Ju Jutsu styles.

Product specifications:

- *Material: 100% cotton*
- *Weaving: Pearl wave*
- *Weight: 450 GSM*
- *Fit: BJJ-specific cut*
- *Reinforcement: Extra strong stitching at stress points*
- *Use: Daily training and sparring*
- *Personalization possible*

KEIKO GI

— LIGHT PRACTICE WEAR —

**START WITH THE
RIGHT FOUNDATION.**

Designed for beginners.
Built for daily training.



KEIKO GI PRACTICE WEAR

Lightweight | Breathable | Traditional | Allround

LIGHT GI – BEGINNERS & DAILY TRAINING

This lightweight gi is made of an 8-oz poly/cotton fabric, offering a practical combination of lightness and durability. Designed for speed, precision, and comfort, it supports sharp and fluid movements without excess weight. The fabric is breathable and easy to care for, making this gi

ideal for frequent training. The classic karate cut ensures optimal freedom of movement for kihon, kata, and kumite.

Product specifications:

- *Material: Poly/cotton blend*
- *Fabric Weight: 8 oz*
- *Fit: Traditional Karate Cut*
- *Features: Light, breathable, easy to maintain*
- *Use: Regular training and technical exercises*



KEIKO GI

— PRACTICE WEAR —

EVERY KNOT TELLS A STORY.

Ritual before resistance.

KEIKO GI PRACTICE WEAR

Tradition | Ambition | Discipline

COTTON HAKAMA

The cotton hakama is at the heart of many traditional disciplines. At My Keiko Gi, we approach this garment with deep respect for its meaning and function.

Our hakama's are made of durable cotton that retains its folds while providing ample comfort during training and ceremonies. The cut follows classic lines and supports correct posture and movement.

Available in blue and black, developed for practitioners who not only wear tradition but embody it.

Key Features:

- *100% cotton, breathable and durable*
- *Available in blue or black*
- *Traditional seven folds*
- *Adjustable waist straps*
- *Suitable for all levels*
- *Customization possible*

KEIKO GI

— PRACTICE WEAR —

TRADITION BEGINS
BEFORE THE FIRST STEP.

Tradition. Function. Commitment.



MY HEIKO GI

WHEN TRADITION MEETS PERFECTION

Japanese Tabi Tradition and Functionality

Japanese Tabi have long been valued for their functional design, durability, and strong connection to traditional Japanese craftsmanship. Designed for indoor use, they support a natural posture, stable movement, and strong contact with the ground.

These Tabi are crafted from 100% cotton twill fabric in a carefully selected thickness, ensuring a firm yet comfortable fit. The sole is woven using the Ichizoku-ori technique, a traditional weaving method that uses double-spun threads for the warp and alternating thick and thin threads for the weft. This construction significantly increases wear resistance while maintaining flexibility, making the Tabi suitable for prolonged daily use.

Historically, Tabi were worn by people who worked indoors, such as manual laborers and craftspeople, where reliability and comfort were essential. Today, they are also used by Aikido practitioners and other martial artists during training, where balance, sensitivity, and grounded movement are key.

Made in Japan, this Tabi reflects a philosophy where materials, construction, and function are perfectly aligned. The result is a product that supports movement without distraction and stays true to its origins.

Product features

- *Material: 100% cotton*
- *Fabric: Twill fabric with a clear, firm thickness*
- *Sole: Ishizoko-ori weave for increased durability*
- *Construction: Traditional design with separated big toe*
- *Origin: Made in Japan*
- *Usage: Internal use, traditional practice, martial arts training*

A sustainable and authentic product, developed to support movement, stability and tradition.

KEIKO GI

— ESSENTIAL WEAR —

DESIGNED FOR ATTENTION.
BUILT FOR WORK.



KEIKX | ESSENTIAL WEAR

♡ Comfort | 🌐 Denim Katoen | ✔️ Functioneel

ONTWORPEN VOOR AANDACHT.
GEMAAKT OM TE WERKEN.

DENIM COTTON HEMD – PROFESSIONAL STYLE

This shirt was developed with the same philosophy as our martial arts uniforms: clothing should support action, not distract from the task. In healthcare and practice environments, this requires comfort, reliability, and a calm, professional appearance.

The Denim Cotton Shirt combines a sleek look with functional comfort. The denim cotton fabric feels pleasant against the skin, is durable under heavy use, and offers ample freedom of movement during long workdays. The cut is well-designed and fully adjustable, allowing the shirt to follow the body without being restrictive.

Designed for professionals who work with care, responsibility and respect, and who also choose quality and identity in their workwear.

Product details

- *Product type: Professional shirt*
- *Material: Denim cotton (cotton blend)*
- *Fabric properties: Durable, breathable, comfortable*
- *Fit: Comfortable, professional cut*
- *Customization: Adjustable in bust size, shoulder width, sleeve length and total length*
- *Finish: High-quality stitching and neat finishing*
- *Maintenance: Suitable for frequent washing*

Personalization options

- *Embroidery of name or position*
- *Logo embroidery (practice, organization or institution)*
- *Choice of thread color for embroidery*
- *Embroidery positioning (chest, sleeve or back)*
- *Adjustment of buttons and finishing details*
- *Possibility of small editions or individual pieces*

Target audience

- *Healthcare professionals, therapists and paramedics*
- *Employees in healthcare and practice environments*
- *Professionals who want to combine comfort, appearance and durability*

Use

Suitable for daily professional use in healthcare, practice and service environments where freedom of movement, representativeness and reliability are essential.

If desired, personalization and customization can be fully tailored to individual wishes or team identity.

ORDER & CONTACT

1. Choose your model
2. Please provide your size or desired dimensions
3. Select color, personalization or embroidery
4. Receive digital mock-up for approval
5. Production starts after approval

Delivery time:

- In stock: 3–5 business days
- Custom made: 4-5 weeks

Website: www.mykeikogi.com

Email: info@mykeikogi.com



MY KEIKO GI
WHEN TRADITION MEETS PERFECTION

